

# Mental Health Services Available in Flagler County

*AdventHealth Helps Patients in Need Through IMPOWER*

*by AdventHealth Staff*



**A**dventHealth Medical Group and Emergency Department physicians in Flagler County have begun referring patients in need of mental health services to IMPOWER, a leading provider of telehealth mental health care for children, adolescents, adults and families statewide.

IMPOWER is a nonprofit organization that assists and advocates in the areas of mental health, substance misuse and child well-being.

Initiated by AdventHealth Palm Coast this May, the newly expanded referral program improves access to mental health counseling and psychiatric services for the growing number of Flagler residents in need

of such help, both leading up to and during the COVID-19 pandemic. It means that with a simple referral from their primary care physician, individuals can receive these services safely, conveniently and from the privacy of their own home.

“We are thrilled that our patients can now access counseling and other mental health care through IMPOWER right from their laptop or smartphone,” said Tamika Robertson, ARNP of AdventHealth Palm Coast. “We want to break down the stigma around seeking help in this way and also make it as easy as possible.”

“More access to mental health services is sorely needed in Flagler County and we are pleased to be

part of the solution,” noted Anna Kesic, IMPOWER president and CEO.

## **Advantages of these remote mental health services include:**

- Shorter wait times
- Bilingual services
- Decreased stigma and increased privacy
- Electronic and mail-order prescriptions
- Flexible scheduling including evenings and weekends
- Ability to stay in your home environment
- Fewer school or work absences
- Reduced travel time and costs

*Flagler residents of all ages who are struggling with mental health concerns should know that help is available and easier than ever to access from the comfort of your own home. Ask your AdventHealth primary care provider for details.*

Find a trusted provider near you at [FlaglerCountyPrimaryCare.com](https://www.FlaglerCountyPrimaryCare.com)

  
**AdventHealth**